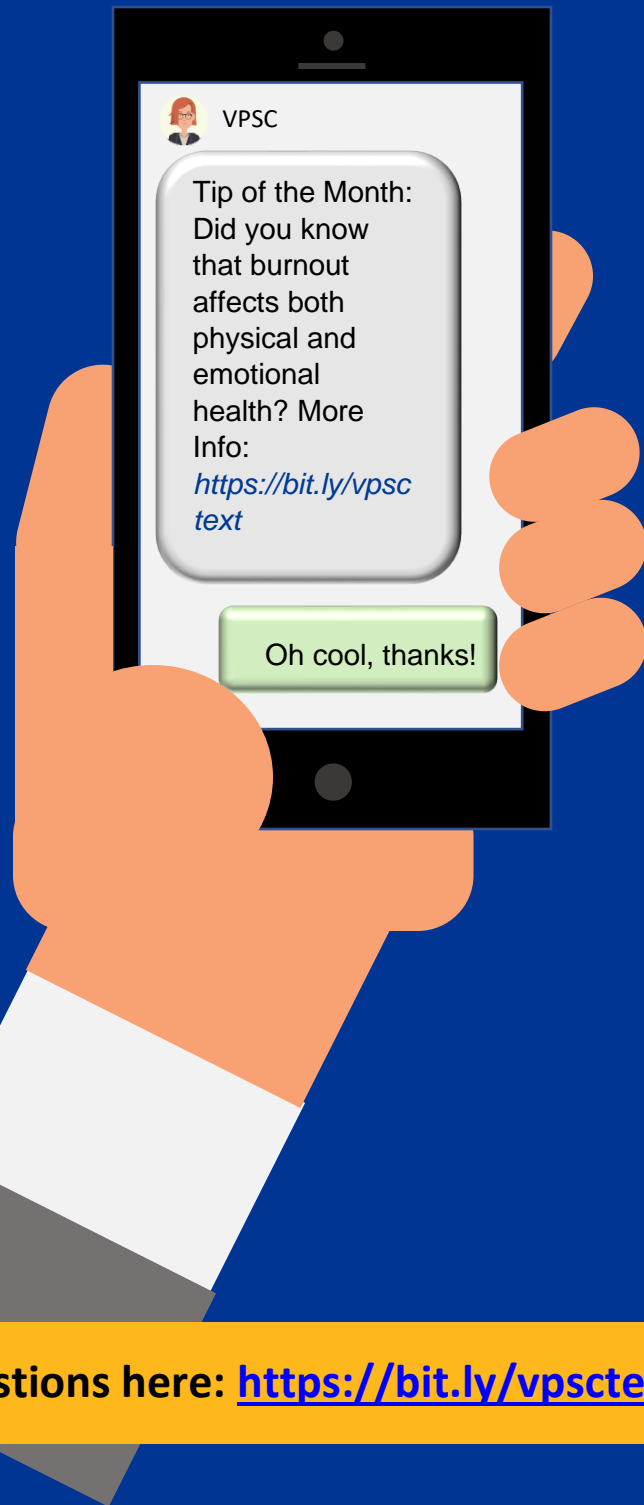


Supporting the health and well-being of EMS staff

Virtual Public Safety Coalition Texting Campaign

Participating EMS workers will receive one text message per month (140 characters) with a tip, resource, or screening that will help to manage stress and anxiety, practice self-care, and maintain health.

Participation is **completely anonymous!**



Sign up by answering two questions here: <https://bit.ly/vpscstext>

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